



CONFIDENTIAL
MEDICAL CERTIFICATE

To The Physician:

_____ has been asked to provide a Medical Certificate explaining the reasons for the need for extended medical leave from, _____ to _____.

Employee's Authorization for Release of Information

I, _____, hereby authorize my physician to complete this Physician's Statement and to release this Medical Certificate to School District 10 (Arrow Lakes).
The guidelines of the College of Physicians and Surgeons are attached.

Employee's Signature: _____

Date: _____



Physician's Statement

Confirmation of Reasons for *Extended Medical Leave*

1. Following examination, I certify that the above mentioned person requires an extended medical leave due to:

2. This illness will prevent this person from working because:

3. Course of treatment:

- (a) Has this person been prescribed a course of treatment for the medical condition rendering him/her unable to work his/her full assignment?

- (b) If no course of treatment has been prescribed, has a course of treatment been recommended for this person to follow related to the medical condition rendering him/her unable to work his/her assignment?

- (c) If a course of treatment has been prescribed or recommended, has this person followed the prescribed or recommended course of treatment?

- (d) Has this person been referred to a medical specialist? Yes _____

No _____



4. He/she was seen by me regarding this illness/injury on _____.

5. What medical follow-ups, if any, are occurring related to this illness/injury?

6. I estimate that this person will be able to return to their full assignment on _____.

7. When this employee returns to work, I anticipate the following restrictions (*please include duty restrictions, maximum hours per day, and estimated length of gradual return to work*):

8. For information purposes, this is to make you aware of the availability for employees of the Employee Assistance Program (EAP).

Name of Attending Physician (Please print) _____

Address _____

Postal Code _____

Phone _____

Date _____

Signature _____



The information in this report is considered confidential.

College of Physicians & Surgeons of British Columbia

Excerpt from Policy Manual M-2

- **Ensure that any statements which you make are, to the best of your knowledge, accurate and based upon current clinical information about the employee. For example, you should not certify that an employee has been unfit to work simply because the employee tells you so.**
- **Before giving an opinion on an employee's fitness to work, a physician should be sure that the physician has accurate information about the requirements of the employee's job.**
- **The physician should not state that the employee has been under the physician's care for any time during which the employee was not in fact the physician's patient.**
- **Physicians should ensure that they have received the employee's consent to provide information to the employer or its insurer.**
- **Physicians should take care not to disclose more information than is covered by the employee's consent or is required by the employer's request. For example, diagnosis and treatment information is not normally required to questions concerning fitness to work or prognosis for future attendance at work.**

While reference in this article has been to forms required by a patient's employer or that employer's insurer, it is plain that the guidelines offered have just as ready application to the other sores of forms which patients ask physicians to complete in order that patients can avail themselves of the benefits to which they may be entitled. No physician is immune from request to complete forms, and all physicians know how repetitive and tedious and time consuming this activity can be. The point is, however, that carelessness in the completion of forms can cause serious medico-legal difficulty for a physician, just as can carelessness in the management of a patient.